



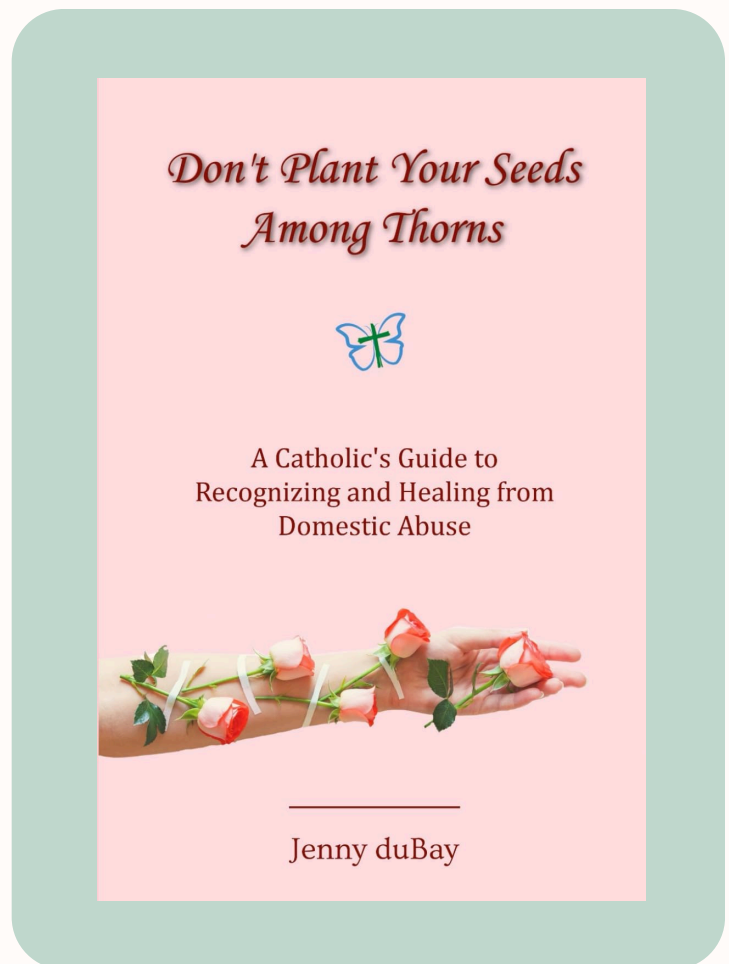
Create Soul Space

Portland, ME & Raleigh, NC

The mission of Create Soul Space is to help Catholic women recognize and heal from the effects of domestic abuse and betrayal trauma.

Create Soul Space offers online resources:

- Hope and healing through the written word including Jenny duBay's book entitled, **Don't Plant Your Seeds Among Thorns: A Catholic's Guide to Recognizing and Healing from Domestic Abuse.**
- One-on-one trauma-informed Catholic coaching
- Domestic abuse prevention strategies
- Online articles on trauma and healing from domestic abuse



<https://createsoulpace.org>



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Jenny duBay is the author of two books and dozens of articles. She's also a certified trauma-informed Christian coach, certified Deconstructing Gaslighting Specialist (C-DGS), a certified narcissistic abuse specialist, and earned her B.A. in Catholic Theology from Holy Apostles College & Seminary and Catholic Distance University. She is currently pursuing her MA in Pastoral Care/Spiritual Direction at Holy Apostles College & Seminary.

In addition to her coaching ministry, Jenny is the foundress of Create Soul Space, a website designed to help cultivate awareness of domestic violence within a Catholic setting. Jenny is the domestic violence facilitator at Hope's Garden, is associated with Catholics for Family Peace and works with various organizations within the Church to support survivors of domestic violence.

Jenny duBay

CATHOLIC AUTHOR AND DOMESTIC VIOLENCE ADVOCATE



Jenny's Story

Through my work I've been blessed to help hundreds of Catholic women recognize abusive and toxic patterns in their relationship and to seek the healing resources they need to move forward with their lives in a safe, Christ-centered way. Healing hearts and families is of primary importance, and through my writing, coaching, and ministry with Hope's Garden, I've been able to help women gain clarity and hope. Additionally, I work with women who are seeking reconciliation in their marriage; if both parties are willing to humbly submit to the love of our Lord and if the abusive partner is prepared to engage in the long, hard work of authentic change, such change is possible. I have witnessed this change within my own story and am pleased to share with women how God truly can make all things new—regardless of how their own story ends. Whether or not an abusive partner is willing to change is up to their own free will, yet hope and healing are possible for all.