Prayer to Our Lady of Perpetual Help

As people of faith we believe and hope in the kingdom of God, therefore, today, through the intercession of Our Lady of Perpetual Help, we respond to the men, women and children whose lives have been impacted by domestic abuse and violence.

Mother of Perpetual Help, today we face so many difficulties. Mary, Model of Christian love, we know we cannot heal every ill or solve every problem. But your image reminds us to reach out and help those most in need. Help us understand that our lives belong to others as much as they belong to us. May we be true witnesses to the world that love for one another really matters. May our daily actions proclaim how fully our lives are modeled after yours, O Mother of Perpetual Help.

Mother of Perpetual Help, you have been blessed and favored by God, you became not only the Mother of the Redeemer, but the Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of all your children, young and old alike. As you held the child Jesus in your loving arms, hold us in your loving arms today and always. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God’s mercy is from age to age to those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help. Amen.

- Sr. Ruth Harkins, IHM, Associate Campus Minister for Graduate and Professional Students, Office of Campus Ministry, CUA
- At the 2016 Symposium, Hope, Help and Healing